

Say It — For the Sake of Allah

Loving your brother for Allah's sake, moved from feeling to practice in one week.

"When a man loves his brother, let him tell him that he loves him."

— Prophet Muhammad ﷺ · Sunan Abi Dawud 5124 · Jami' at-Tirmidhi 2392

إِذَا أَحَبَّ الرَّجُلُ أَخَاهُ فَلْيُخْبِرْهُ

1

DAY

Name them

Write down **three brothers** you love for the sake of Allah — not colleagues, not contacts. The three whose faces came to mind first.

You cannot keep a tie you have never named. — see Tirmidhi 1979

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2

DAY

Say the sentence

Tell one of them, face to face or by voice note: "**Inni uhibbuka fillah**" — I love you for the sake of Allah. Yes, it feels strange. Say it anyway.

A direct order of the Prophet ﷺ: "Then tell him." — Abu Dawud 5125

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3

DAY

Make the visit

Visit one brother **with nothing to collect** — no favour, no errand, no agenda. Sit an hour. Leave.

The visit the angel was posted on the road for. — Muslim 2567

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4

DAY

Give a gift

Small and thoughtful beats big and generic: the dates he likes, a book, his coffee. Hand it over without an occasion.

"Exchange gifts — you will love one another." — al-Adab al-Mufrad 594

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5

DAY

Du'a in his absence

Make du'a for one brother **by name**, for the specific thing he is struggling with, without telling him.

"The angel says: and for you the same." — Muslim 2733

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6

DAY

Repair one tie

Message the brother you have drifted from or quietly fallen out with. First. Without scoring it.

"The one who upholds ties is not the one who reciprocates." — Bukhari 5991

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7

DAY

Gather them over food

Host the three from Day 1 — dinner, karak, anything. Food is the sunnah's machine for joining hearts.

"Spread the greeting and feed people, and you will enter Paradise." — Tirmidhi 2485

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THE SENTENCE · AND THE REPLY TO GIVE WHEN YOU RECEIVE IT

"I love you for the sake of Allah." — "May He for Whose sake you love me, love you."

إِنِّي أُحِبُّكَ فِي اللَّهِ · أَحَبَّكَ الَّذِي أَحْبَبْتَنِي لَهُ